

I am sorting different human characteristics and discussing how they relate to human adaptation to hot or cold environments.

ANSWERS **RED Writing indicates correct answer in either category**

Extreme cold

Shorter body size
Shorter arms and legs
Pad of fat over sinuses
Heavier than average layer of body fat
Flat face



Extreme heat (Humid heat)

Low body fat/ thin body
Darker skin pigmentation
Wide nose
Taller, thinner body size
High metabolic rate



Moderate (medium) cold

Taller, stockier body size
Narrower nasal passage



Dry heat

Moderate skin pigmentation
Thin but not tall
High metabolic rate
Wide nose

