

Sunflower Plant Life Cycle

Sunflowers are a type of flowering plant. There are around 60 different types of sunflower! They can be yellow, dark red and orange.

1



What happens during the first stage?

Seed and Germinating Seed

The seed is planted in soil or compost in spring.
The seeds have a hard coat.
They are black and white striped or just black.
The seed begins to sprout roots after 1-2 weeks.

2



What happens during the second stage?

Seedling and Shoot

A seedling grows and a few leaves appear on the stem.
Roots grow underground.

3



What happens during the third stage?

Bud and Bloom

The plant grows taller and stronger, towards the sun.
After 30 days, the bud forms.
The flower head opens.
After around 90 days, the sunflower will be fully grown.

4



What happens during the fourth stage?

Wilt and Regrowth

The flower petals will start to wilt and the plant dies.
The flower shrivels and the seeds from its head fall.
Some of the seeds settle in the ground and begin the new sunflower's life cycle.

Questions about the Sunflower Plant Life Cycle

1. What are sunflowers?

2. How many different types are there?

3. Name a colour that sunflowers can be.

4. What is the seed planted in?

5. When is the sunflower seed planted?

6. What colour are the seeds?

7. What grows underground?

8. What does the plant grow towards?

9. What happens after the flower petals start to wilt?

Questions about the Sunflower Plant Life Cycle

Answers

1. What are sunflowers?

Sunflowers are a type of flowering plant.

2. How many different types are there?

There are around 60 different types of sunflower.

3. Name a colour that sunflowers can be.

Sunflowers can be yellow, dark red and orange. (Accept only 1)

4. What is the seed planted in?

The seed is planted in soil or compost.

5. When is the sunflower seed planted?

The seed is planted in spring.

6. What colour are the seeds?

Sunflower seeds can be black and white striped or just black.

7. What grows underground?

The sunflower's roots grow underground.

8. What does the plant grow towards?

The plant grows towards the sun.

9. What happens after the flower petals start to wilt?

The flower petals will start to wilt and the plant dies.